

Who is Artsenta for?

Artsenta is for people who use mental health services, who are over the age of 17, and are interested in being creative. Please call us if you are unsure about eligibility.



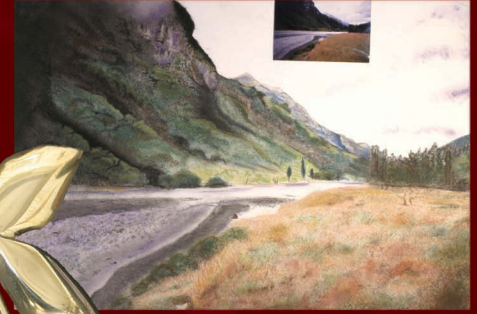
What does Artsenta provide?

There is a staff team with a wide variety of skills to share. Artsenta provides materials and equipment for a range of creative activities. There is no charge to come to Artsenta.



How do I get started?

Most people begin by visiting- give us a ring to make a time. Sometimes people are very clear about what they want to do, others find it takes a while to know how to get started. Staff are here to help you develop a plan.



When can I come?

Artsenta is open Monday - Friday, 9 - 5 (on Wednesdays we open late at 10.) We cater for people who like to work in all sorts of ways. We have group activities that happen at set times, and there is plenty of space and time to do your own thing.

