



ARTSENTA

Peer Support Worker – part time position

We are looking for a person with lived experience of mental illness or addiction to support the delivery of the Central Otago Creative Wellbeing programme for 2024. This part time position involves working approximately 16hrs a week with an Art Worker and tangata whaiora – people seeking wellbeing – at our weekly sessions in Wanaka, Cromwell and Alexandra. This is a fixed term part time position for 6 months starting mid-late January.

Our ideal candidate will have:

- Lived experience of mental illness, mental distress or addiction
- The ability to mentor and support other's mental wellbeing
- An interest in creativity, arts and crafts
- Able to relate to a wide range of people
- Excellent communication skills
- Based in Central Otago

How to apply:

Please send your CV and a cover letter introducing yourself and why you think you would be an ideal candidate to director@artsenta.org

Check out the [Central Otago Creative Wellbeing](#) page on Facebook to see more about this project.

Central Otago Creative Wellbeing is a project of Artsenta, a creative space based in Dunedin. Our mission is “wellbeing through creativity”. For more about us see www.artsenta.org

Deadline for applications: 17 December 2023

Position Description – Outreach Peer Support Worker

Purpose of position: To support people in the Central Otago district experiencing mental health challenges to be creative, confident and connected with their community.

The Peer Support worker will work with groups of artists during Creative Wellbeing Sessions. One-on-one peer support sessions are outside the scope of this position.

Employment status: Part time

Responsible to: Outreach Coordinator

Functional relationships:

- tangata whaiora – people seeking wellbeing
- support workers and other health related staff
- Outreach Art Worker
- Artsenta staff

Note: The Creative Arts Trust uses the term 'artist' to describe the people participating in our services.

Mission of Creative Arts Trust: "Wellbeing through creativity and community"

General Tasks

1. Support the provision of Creative Arts Trust services in accordance with our mission, vision and values.
2. Work in a manner that maintains and supports the safety and dignity of staff and artists.
3. Work in a manner that is consistent with the policies of the Creative Arts Trust.

Operational Tasks

4. Work collaboratively alongside the Outreach Art Worker in the development and delivery of the approved Outreach programme. This includes the delivery of Creative Wellbeing Sessions in multiple locations.
5. Help coordinate the outreach programme. This includes:
 - Communicating and promoting the programme to the community
 - Responding to enquiries, providing information, welcoming and liaising with attendees
 - Assisting with the set-up of the space and the running of the creative sessions and studio time
 - Support artists to undertake creative activities
 - Facilitating artist meetings or discussions, ensuring that all views are heard and feedback noted
 - Working with the Art Worker to develop and implement projects such as the display of artworks

6. Provide wellbeing support to participants of the Outreach programme. This includes:
 - Developing trusting relationships with artists and utilizing these relationships, along with your own lived experience, to assist individuals on their wellness journey
 - Provide support to artists in identifying and accessing local mental health or addiction services and other community resources and opportunities
 - Ensuring consumers are actively involved in the Outreach programme, participating in discussions, and having input into activities and events.
7. Resolve issues and situations where the safety, effectiveness and harmony of the Outreach programme is compromised in any way. This may involve:
 - Clarifying programme eligibility, rules or policy
 - Listening to consumer feedback or concerns
 - Facilitating a discussion with other staff, consumers or support people
 - Facilitating a complaint process
 - Stopping unsafe behaviour
 - Reporting an incident or accident to management
8. Oversee the collection and management of consumer information required to undertake the programme and for reporting purposes. This includes:
 - Entering artist information in online attendance forms
 - Overseeing artist surveys or other forms of evaluation
9. Undertake planning and coordination meetings on a weekly basis with the Outreach Art Worker ensuring that they are consulted on all activities, plans and communications.
10. Establish good working relationships with peer support groups, support workers and other mental health services generally to ensure awareness and effectiveness of the Outreach programme.
11. Undertake training where required, such as Artsenta induction, intentional peer support, first aid and cultural responsiveness.
12. Implement safety plans for the programme and associated activities, including
 - Identifying, eliminating or mitigating any hazards
 - Being aware of evacuation plans and procedures for all venues used
 - Reporting accidents or incidents to the Outreach Coordinator
 - Wearing PPE when required and ensuring safe use of equipment by others
13. Actively manage your own personal mental wellbeing, including seeking support and communicating with colleagues as needed.
14. Help promote the Outreach Programme and the work of the Creative Arts Trust/Artsenta. This may include:
 - Distributing physical and/or digital fliers and posters
 - Maintaining an Outreach Facebook page
 - Liaising with local media outlets
 - Undertaking media interviews
 - Speaking at appropriate events
 - Liaising with other organisations as needed
15. Correspond and meet with the Outreach Coordinator or other Artsenta staff as needed to ensure the smooth running of the programme and so that any issues are addressed in a timely manner.
16. Other tasks as needed to ensure the effective provision of services or as identified by the Outreach Coordinator.